



J'implante? Je n'implante pas?

La place de la cardiogénétique dans le raisonnement clinique et thérapeutique

**& ELECTRA
RHYTHM**

18-21
MAY 2022

Golden Tulip Villa Massalia
Marseille, France



Compte Twitter Orateur
@DucDangEP

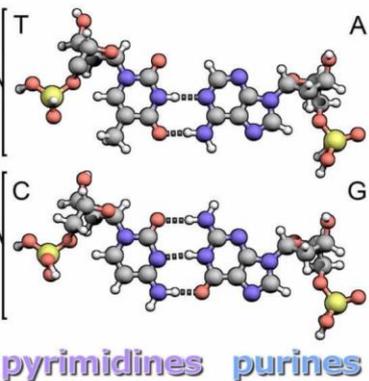


Je n'ai pas de conflit d'intérêt



Cas clinique

- Homme 49 ans, asymptomatique
- **ATCD médical:** ablation de FA (veines pulmonaires/ ICT)
- **ATCD familiaux:**
 - ❖ Père porteur d'un DAI en prévention primaire: CEI approprié
 - ❖ Deux apparentés du premier degré décédés de MS avant 50 ans
- **ETT normale**
- **Génétique:** mutation hétérozygote non sens LMNA



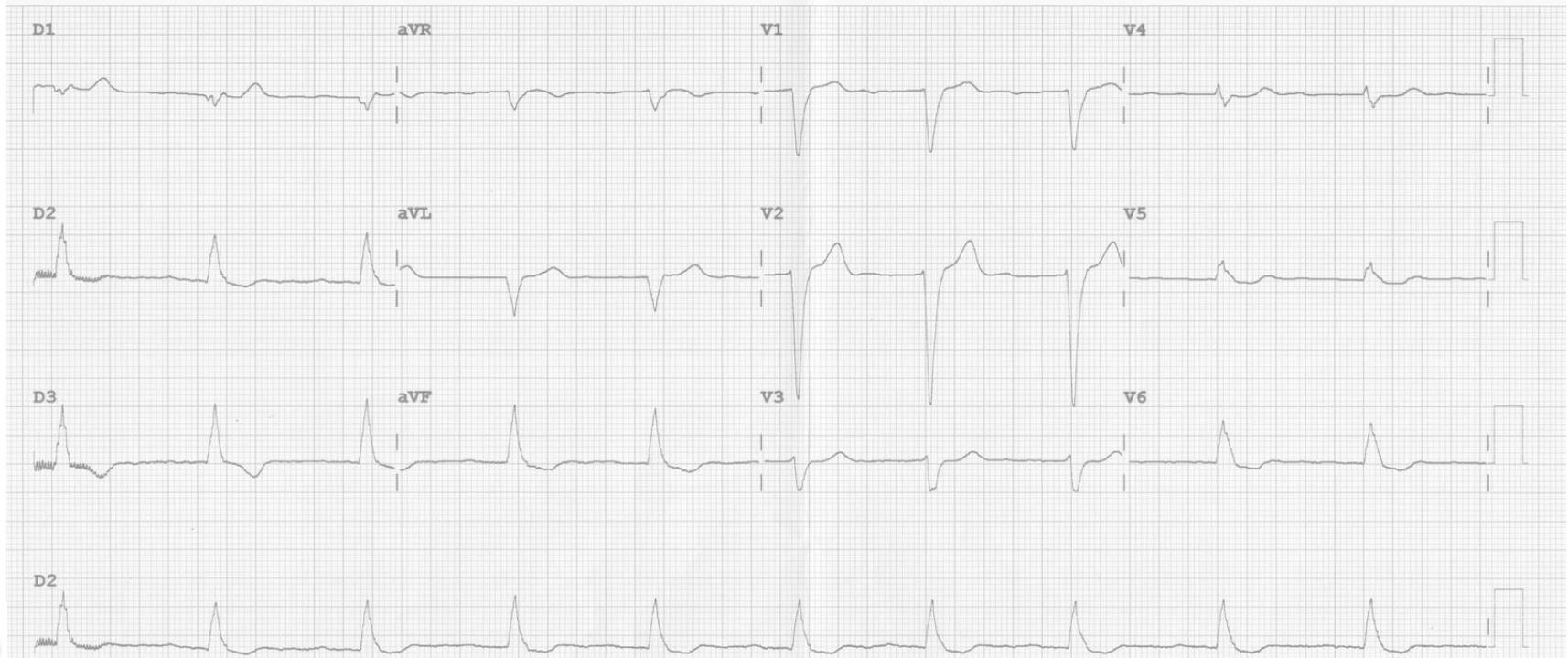
ECG

PR 289
QRSD 154
QT 444
QTc 444

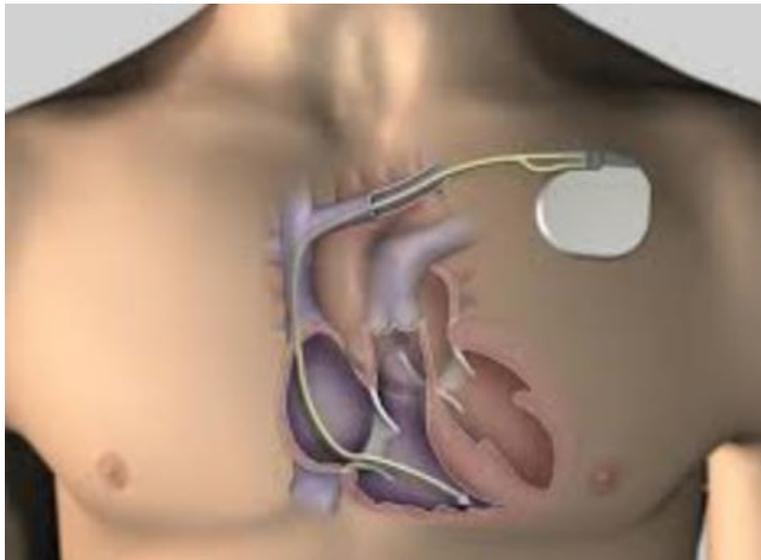
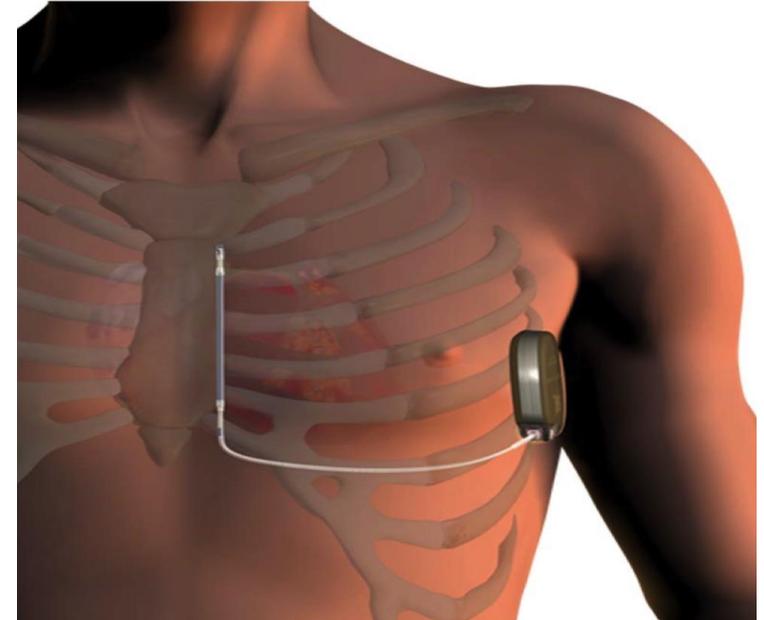
--AXES--

P 0
QRS 97
T -41

12 dériv. ; position standard



J'implante, je n'implante pas?



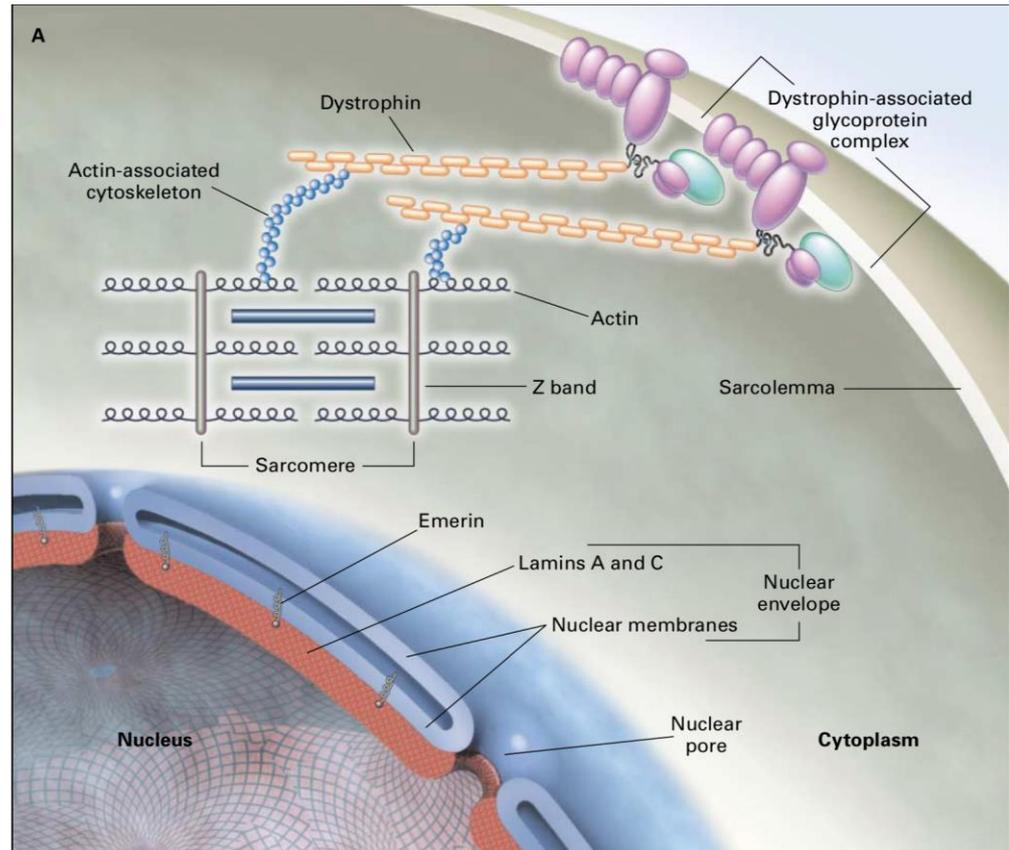
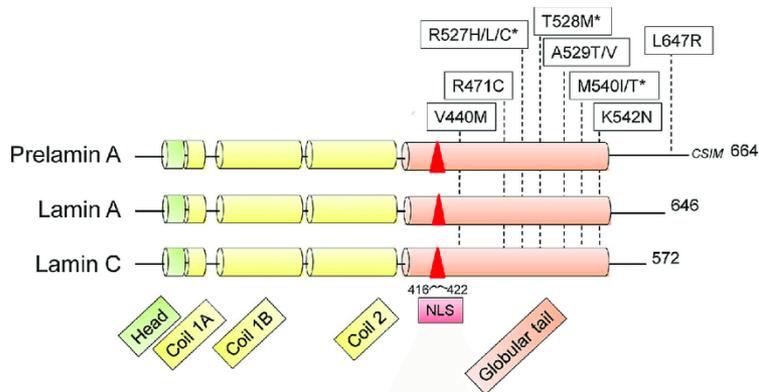
MISSENSE MUTATIONS IN THE ROD DOMAIN OF THE LAMIN A/C GENE AS CAUSES OF DILATED CARDIOMYOPATHY AND CONDUCTION-SYSTEM DISEASE

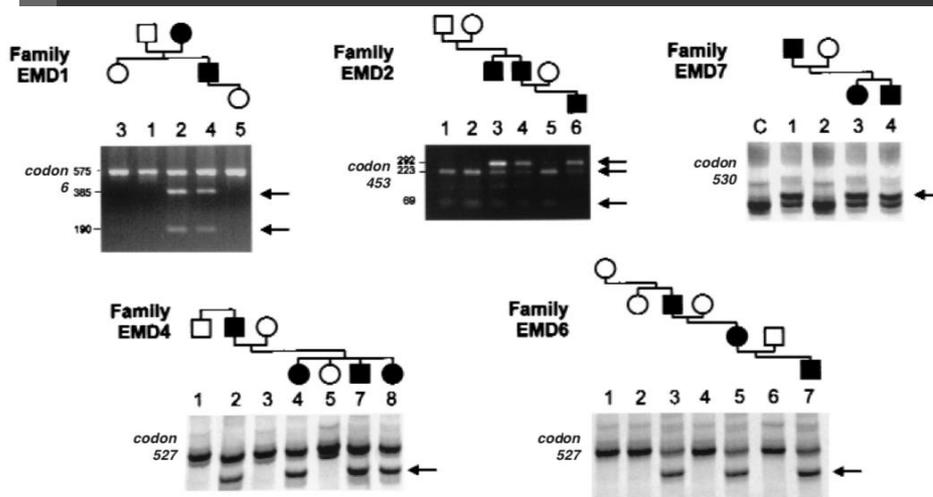
DIANE FATKIN, M.D., CALUM MACRAE, M.D., TAKESHI SASAKI, M.D., MATTHEW R. WOLFF, M.D., MAURIZIO PORCU, M.D., MICHAEL FRENNEAUX, M.D., JOHN ATHERTON, M.B., B.S., HUMBERTO J. VIDAILLET, JR., M.D., SERENA SPUDICH, M.D., UMBERTO DE GIROLAMI, M.D., J.G. SEIDMAN, PH.D., AND CHRISTINE E. SEIDMAN, M.D.

Mutations in the gene encoding lamin A/C cause autosomal dominant Emery-Dreifuss muscular dystrophy

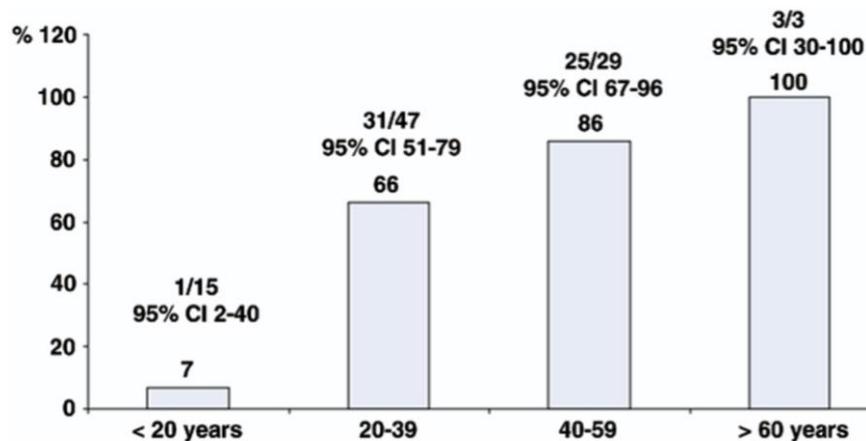
Gisèle Bonne¹, Marina Raffaele Di Barletta^{1,3}, Shaida Varnous¹, Henri-Marc Bécane², El-Hadi Hammouda², Luciano Merlini⁴, Francesco Muntoni⁵, Cheryl R. Greenberg⁶, Françoise Gary⁷, Jon-Andoni Urtizberea², Denis Duboc^{2,8}, Michel Fardeau^{1,2}, Daniela Toniolo³ & Ketty Schwartz¹

N Engl J Med, 1999;341:1715–1724





◆ Autosomique dominante



◆ Pénétrance complète

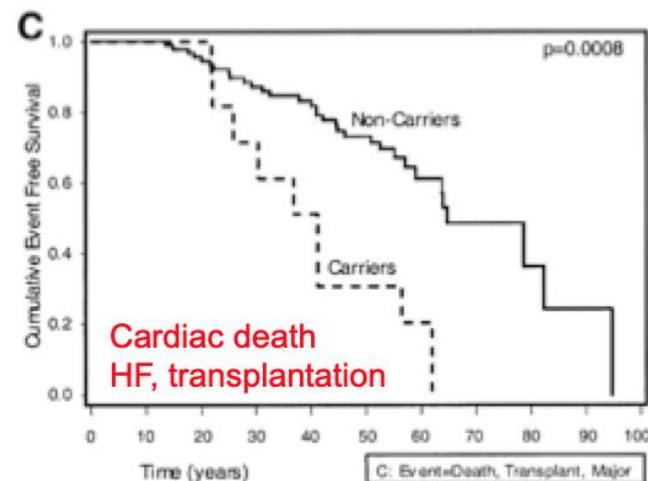
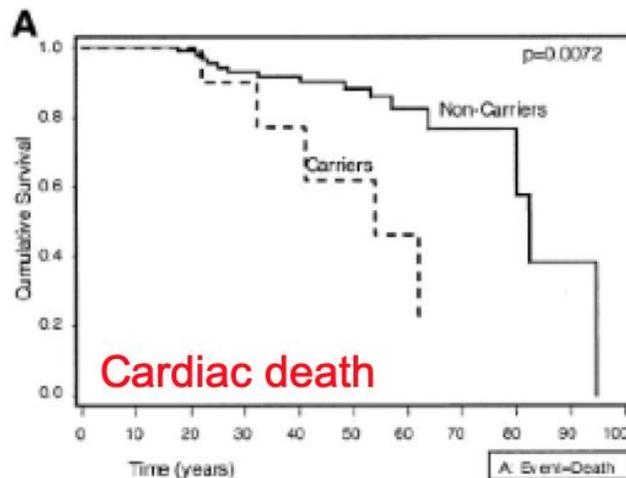
Bonne G, Di Barletta MR, Varnous S et al. *Nat Genet*, 1999;21:285–288.

Pasotti M, Klersy C, Pilotto A, et al. *J Am Coll cardiol* 2008;52:1250-1260.

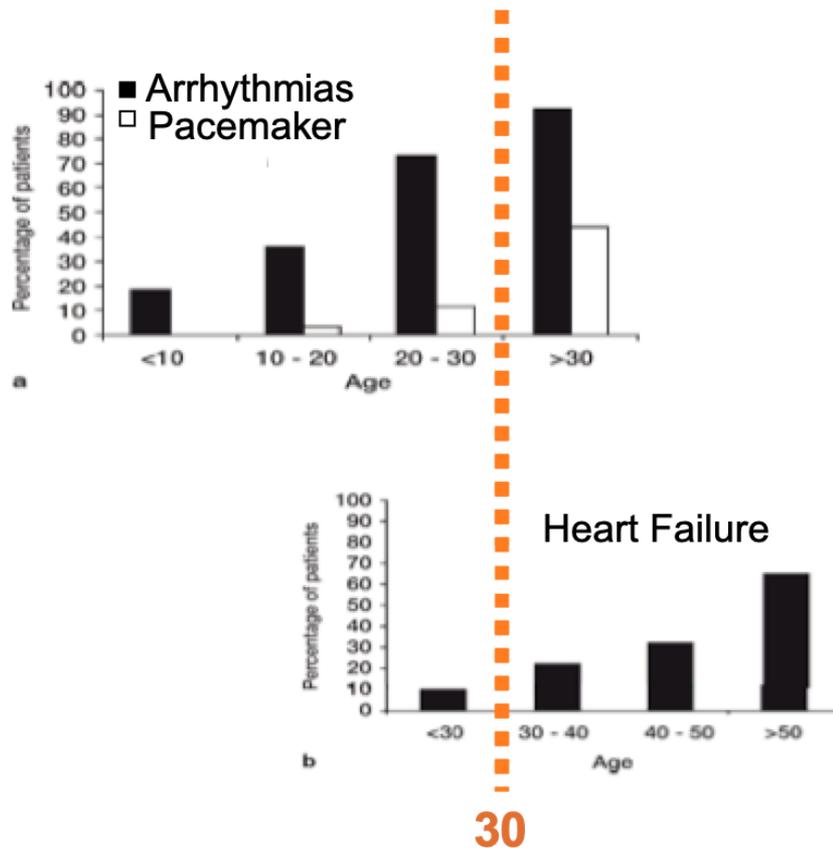


Natural History of Dilated Cardiomyopathy Due to Lamin A/C Gene Mutations

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 Misi L. Robinson,|| Alastair D. Robertson, PhD,* Elisa Carniel, MD,§ Andrea Di Lenarda, MD, FESC,§
 Teresa J. Bohlmeyer, MD,* Debra A. Ferguson, MS,* Gary L. Brodsky, PhD,* Mark M. Boucek, MD,*¶
 Jean Lascor, MS,¶ Andrew C. Moss, BA,* Wai-Lun P. Li, BS,*† Gary L. Stetler, PhD,†
 Francesco Muntoni, MD, FRCPCH,# Michael R. Bristow, MD, PhD, FACC,*
 Luisa Mestroni, MD, FACC, FESC,* Familial Dilated Cardiomyopathy Registry Research Group
 Denver, Colorado; Trieste, Italy; Omaha, Nebraska; and London, United Kingdom



La mort subite cause principale de décès chez les laminopathies



Meta-analysis

233 patients

- Death =76
- Sudden death=35 (11.7%, 46% of all deaths)
- Pacemaker recipients (84 patients)
→ **SD=16 (19%)**



Primary Prevention of Sudden Death in Patients with Lamin A/C Gene Mutations

N ENGL J MED 354;2 WWW.NEJM.ORG JANUARY 12, 2006

- Primary prevention: patients with an indication for pacemaker implantation 1999 – 2004
- N=19 patients (age=41.7±13.4 years) were implanted with an ICD
- LVEF>45%



Follow-up : 33.9±21.0 months

Malignant arrhythmias:
n=8 patients 42%

(6 ventricular fibrillations, 2 sustained ventricular tachycardias)

Meune C, Van Berlo JH, Anselme F, Bonne G, Pinto YM, Duboc D.
N Engl J Med. 2006 ;354:209-10



Table 1 Baseline patient characteristics (n = 47)

Age (y)	38 ± 11
Sex: male	26 (55%)
Prior syncope	15 (32%)
Family history of sudden death	10 (21%)
Family history of syncope	33 (70%)
Atrial fibrillation or flutter	12 (26%)
Significant conductive disorders	21 (45%)
Nonsustained ventricular tachycardia	31 (66%)
Left ventricular ejection fraction (%)	56 ± 11
Left ventricular ejection fraction <45%	6 (13%)
Left ventricular end-diastolic diameter (mm)	53 ± 6
Left ventricular end-diastolic diameter >56 mm	13 (28%)
Medical treatment	
Beta-blockers	8 (17%)
ACE inhibitors/angiotensin receptor blockers	12 (26%)
Amiodarone	7 (15%)
Class I antiarrhythmic drugs	4 (9%)
Vitamin K antagonists	11 (23%)
Phenotype	
Isolated skeletal muscular involvement	18 (38%)
Dilated cardiomyopathy	16 (34%)
Gene mutation	
Missense mutations	18 (38%)
R377H	4
R482C	1
L530P	1
R482 [R,Q]	1
R335W	4
R377C	4
R50P	1
R249P	1
L379F	1
Non-missense mutations	29 (62%)
Nucleotide A insertion in 444	21
Q6 stop	7
IVS6-1 G -> A	1

Data are expressed as mean ± SD or as n (%).

ACE = angiotensin-converting enzyme.

N= 21 pts

No Sudden death

52% Appropriate ICD therapy

FU = 62 months

Implantable cardiac defibrillators (rather than pacemakers)

Anselme F, Moubarak G, Savoure A, Godin B, Borz B, Drouin-Garraud V, Gay A. Heart Rhythm 2013;10:1492-1498.



La stratification du risque de mort subite

European registry

Cardiology tertiary centers
n=269 patients

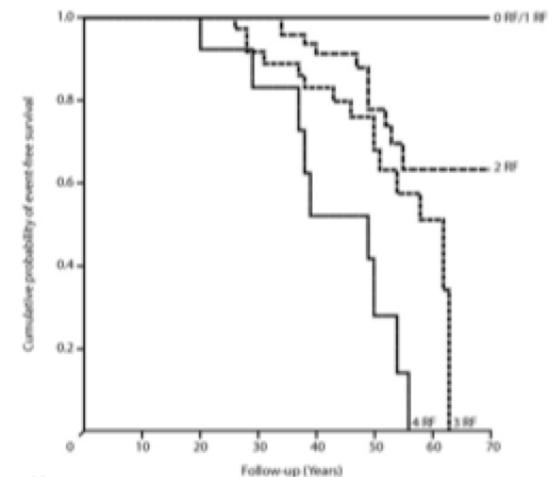
Dilated cardiomyopathy: n=89 (37%)
Muscular dystrophy: n=41/198 (21%)
Age=36 years [27-45]

Follow up = 43 months [17-101]

Malignant ventricular arrhythmia
N=48 (17% = 4.7%/year)

Multivariate analysis: 4 risk factors

- (1) NSVT (2) LVEF<45%
- (3) Male (4) Non missense mutation



No. at risk	0	10	20	30	40	50	60	70
0 RF	30	30	28	24	15	10	3	1
1 RF	67	67	63	41	30	11	8	3
2 RF	65	65	62	55	39	23	5	2
3 RF	40	40	39	32	26	18	5	0
4 RF	13	13	13	9	5	3	0	0

van Rijsingen IA, Arbustini E, Elliott PM, et al. *J Am Coll Cardiol.* 2012;59:493-500.



Development and Validation of a New Risk Prediction Score for Life-Threatening Ventricular Tachyarrhythmias in Laminopathies

BACKGROUND: An accurate estimation of the risk of life-threatening (LT) ventricular tachyarrhythmia (VTA) in patients with *LMNA* mutations is crucial to select candidates for implantable cardioverter-defibrillator

Karim Wahbi, MD, PhD
et al



Derivation cohort

France

OPALE: Nationwide Registry on Laminopathies

660 Patients diagnosed with pathogenic *LMNA* mutations between January 2000 and Nov 2016



↓

Study population of 444 patients with adult-onset laminopathies

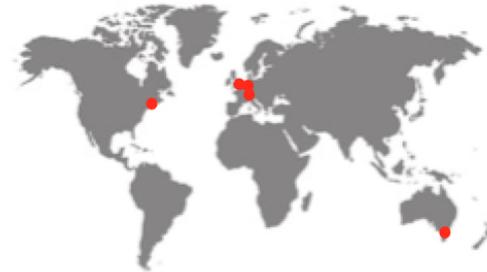
Validation cohort

International

Tertiary cardiology referral centers

Saint Bartholomew's Hospital (London); Brigham and Women's Hospital (Boston); University Hospital in Bern; the University Medical Centre in Leiden; the Royal Melbourne Hospital

179 Patients diagnosed with pathogenic *LMNA* mutations between 2000 and June 2017



↓

Study population of 145 patients with adult-onset laminopathies



Modèle et validation du score LMNA

	Coefficients	HR [95% CI]	P-value
Male	0.47548428	1.61 [1.04-2.48]	0.031
1st degree AV block	1.023349	2.78 [1.51-5.13]	0.001
3rd degree AV block	1.16058109	3.19 [1.69-6.03]	<0.001
Non sustained VT	0.92153979	2.51 [1.59-3.98]	<0.001
<u>Nonmissense mutation</u>	0.50987848	1.67 [1.09-2.55]	0.019
LV ejection fraction (%)	-0.03773161	0.96 [0.95-0.98]	<0.001

$$1 - 0.8884505^{exp(0.51573542 * \text{male} + 0.85513823 * \text{1st degree AV block} + 1.05127326 * \text{higher AV block} + 0.76692653 * \text{NSVT} + 0.56318475 * \text{non-missense mutation} - 0.01949484 * \text{LVEF} (\%))}$$

<https://lmna-risk-vta.fr>

	<u>Internal</u> (<u>derivation cohort</u>)	<u>External</u> (<u>validation cohort</u>)
C-index [95%IC]	0.787 [0.74-0.834]	0.769 [0.669-0.869]
Calibration slope	0.924	0.888 [0.552-1.224]

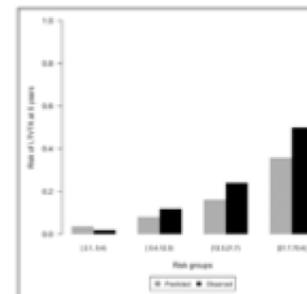


Figure 3. Calibration by risk group in the derivation cohort.



2015 ESC Guidelines for the management of patients with ventricular arrhythmias and the prevention of sudden cardiac death

Recommendations	Class ^a	Level ^b	Ref. ^c
Optimal medical therapy (ACE inhibitors, beta-blockers and MRA) is recommended in patients with DCM to reduce the risk of sudden death and progressive HF.	I	A	8
Prompt identification and treatment of arrhythmogenic factors (e.g. pro-arrhythmic drugs, hypokalaemia) and co-morbidities (e.g. thyroid disease)	I	C	8
An ICD should be considered in patients with DCM and a confirmed disease-causing LMNA mutation and clinical risk factors. ^d	IIa	B	71



ESC
European Society
of Cardiology

European Heart Journal (2021) 42, 3427–3520
doi:10.1093/eurheartj/ehab364

ESC GUIDELINES

2021 ESC Guidelines on cardiac pacing and cardiac resynchronization therapy

Developed by the Task Force on cardiac pacing and cardiac resynchronization therapy of the European Society of Cardiology (ESC)

With the special contribution of the European Heart Rhythm Association (EHRA)

Recommendation for patients with LMNA gene mutations (for references, see [Supplementary Table 18](#))

Recommendation	Class ^a	Level ^b
In patients with LMNA gene mutations, including Emery–Dreifuss and limb-girdle muscular dystrophies who fulfil conventional criteria for pacemaker implantation or who have prolonged PR interval with LBBB, ICD implantation with pacing capabilities should be considered if at least 1-year survival is expected. ⁶¹⁶	IIa	C

ICD = implantable cardioverter-defibrillator; LBBB, left bundle branch block.

^aClass of recommendation.

^bLevel of evidence.



Au total

- FDR: sexe masculin, BAV 1, mutation non sens
- LMNA score : 24.8%
- Décision d'implanter un DAI endocavitaire simple chambre VDD en prévention primaire

